

# **ISRAEL OPEN WATER CHAMPIONSHIPS 2019**

## **LEN OPEN WATER CUP 2019, Leg 1**

The Israeli open water championship would be held in Eilat on 29-31.3.2019 for all ages, adult and Junior.

### Event program

27-28.3.2019 teams arrival and official training dates

28.3.2019 team leaders meeting

29.3.2019 5K

30.3.2019 team event

**31.3.2019 10K (LEN CUP )**

### Age groups

Junior 14-15

16-17

18-19

Adults Open